

Shake Your Shaker And Stop

I spontaneously came up with this song at a Maker workshop I recently did with a large group of kids. They finished their shakers, wanted to use them! It turned out to be great motivation, and I have since used the song with many children from two and up. They love shaking and freezing, and don't want it to stop (hence the five verses and relentless repetition). They also love to be standing and dancing. It makes the freezing all that much more fun. Obviously you can modify the movement and length of the song to fit your group, but try different things! Here are the instructions for the simple shakers we made.



NOTE: Playing and freezing, listening and responding is great for building executive function!

Shake Your Shaker And Stop

I got a little shaker, you got a shaker too
We can shake them together, I'm gonna shake my shaker with you

CHORUS:

Shake your shaker and stop, shake your shaker and stop
Shake your shaker and stop, shake your shaker and stop

I got a little shaker, you got a shaker too
You can shake it alone, with all your friends, or just a few
(chorus)

I got a little shaker, it's a little fragile it's true
But if I play it carefully I can keep it as good as new
(chorus)

I got a little shaker, you got a shaker too
You can shake it sideways or turn it upright for something new
(chorus)

I got a little shaker, I can make a little rhythm with you
You got a little shaker, you can make a little rhythm too
(chorus)

I got a little shaker, you got a shaker too
We can shake them together, I'm gonna shake my shaker with you
(sing chorus twice)



How To Make Your Shaker

MATERIALS:

1. **Cardboard tubes** (empty toilet paper tubes are perfect- and free)
2. **Small paper cups**- these fit perfectly into the empty cardboard tube and are widely available in grocery stores and Dollar Store
3. **Pre-cut paper** (4 1/2" X 6") to cover the toilet paper tube: Here are some ideas; you can just use what you have. You can use colored paper, patterned scrapbook paper, wrapping paper, plain white paper the kids can color first, or aluminum foil.
4. **Something to fasten the paper to the tube:** tape, a sticker, a rubber band, or glue
5. **Tape** (at least one inch wide) to attach the paper cups to the tube
6. **Rice to fill:** Use one of the paper cups to measure just one cup for each shaker
7. **Optional:** Scraps of whatever you have to decorate: ribbon, colored paper strips, pipe cleaners to wind around, button to glue on.
8. **Whatever you put out, children will use!** So keep a collection box going for odds and ends from other projects. Nothing will go to waste!

HOW TO ASSEMBLE

1. Cover the tube with a piece of paper (if you're using white, you can color it first)
2. Attach paper with a sticker, tape, rubber band, or glue
3. Insert a paper cup into one end of the tube and tape in place
4. Fill the other cup with rice and pour into the open end
5. Insert the second cup into the tube and tape in place
6. Decorate if you want (this is the most fun and can take the longest!)
7. Put on the music and shake, and enjoy!

MORE FUN

- ◆ Use different fillers, but don't tape the second cup. Children can compare the sounds, choose their favorite, and then fill and seal
- ◆ Notice how holding and shaking the shaker in different ways changes the sound. When the rice rolls around in the tube it's quiet, but when it hits the cups it's louder, because it resonates
- ◆ Decorate with birthday wrapping paper for easy make and take birthday favors