

Slow Fast Song

A Finger Play Song

This is a traditional finger play which I have put to a melody to. It is always a hit with children five and under. There is something irresistible about the anticipation of going from slow to fast! You can enhance this by singing quietly, almost secretively on the slow parts. It's great for building listening skills, following directions, vocabulary for babies, and of course, rhythm. Of course the most important thing is that it's FUN! This is one of those ridiculously simple songs you can pull out on days when nothing seems to be working. As usual, simple is best!

Slow Fast Song

Clap, clap, clap your hands as slowly as you can

Clap, clap, clap your hands as quickly as you can

(repeat with shake, pound, roll your hands, and pat your face)

TIPS:

- ◆ Older children inevitably make a big deal of patting their faces hard, saying "ow!" each time. So be ready for their silliness!
- ◆ When you sing this with infants and very young children, be aware of how quickly they are able to manipulate their hands and try not to get ahead of them.

