

INTRODUCTION

Why sing? Quite simply, children *need* music to fully develop, and these days children have fewer and fewer opportunities for singing in their lives. Using songs in story time is a wonderful way to involve even the youngest children in language, and to model that involvement to parents and caregivers.

- **Music Powers the Brain:** Simply singing with a child connects neuropathways, and increases the ability to retain information. It builds a strong sense of rhythm, which in turn leads to a better ability to understand and produce language.
- **Music Influences Us:** Advertisers know this! That's why they spend millions of dollars on jingles. You can use music to influence children in positive ways. Using music, you can change a mood, stimulate creativity, and direct energy toward movement or stillness.
- **Music Connects Us:** Music can bring together a diverse group of people, and by simply singing together, give them a shared experience.
- **Music Transports Us:** Music transports us in time and emotion. It can take us to far away lands, or back into our own childhoods. As we sing and do fingerplays, we are brought into the child's world, where everything is newly discovered.
- **Music Comforts Us:** Repeating the same songs in story time give children security, and memories that can be called on to comfort for a lifetime. Starting your story time with a theme song, singing a lullaby, and using an ending song are just some of the ways you can provide this musical comfort.

ABOUT THE SONGS IN THIS BOOKLET

Most of the songs included here can be found on recordings by Nancy Stewart. If you would like to hear the melody, or use the recording in story time, please note the number in parentheses next to each song. That number refers to the list of recordings below and indicates where each song can be found. These recordings can be ordered from Nancy's website at www.Nancymusic.com. Or call Nancy at (206) 232-1078

- #1 *Plant a Little Seed*, songs for growing children– recording and booklet
 - #2 *Oodles of Animals*
 - #3 *Rhythm of the Rocks*
 - #4 *Little Songs for Little Me*– recording and activity kit, felt shapes incl.
 - #5 *A Season for Singing*
 - #6 *Sing A Song of Science*
 - #7 *Bee-Boppin' Bugs*
 - #8 *Singin' Sidesaddle*
- SOM (Website songs of the Month- free to download)*

ORGANIZING YOUR SONG COLLECTION

As new songs are learned, it's easy to forget favorites. Or maybe the holidays come and go, and somehow you've forgotten to sing the song your children loved best last year. Here are some tips to help keep you organized, so that you don't spend time looking for, or forgetting songs.

- If you have a songbook that has half a dozen songs out of a hundred that you actually use, copy those and put into a three ring binder. Have several different colored binders to identify different seasons or times of the year. Some binders may have the same song that you use at different times of the year.
- Put plastic page protectors in the binder to hold visual aids (a picture of a fire truck to show while singing a fire truck song), and felt board shapes to use for those songs
- Keep a list of songs in the front of the book
- Notebook can be divided into sections such as holiday songs, movement songs, animal songs, etc.
- Some librarians prefer to keep songs on index cards and file them according to use.

Large props can be stored in clear hanging clothing bags, and hung in a closet.

♪ Music and Early Literacy ♪

“ADVANCED BRAIN-SCAN TECHNOLOGY REVEALS THAT WHEN CHILDREN PARTICIPATE IN MUSIC, THE BRAIN ‘LIGHTS UP LIKE A CHRISTMAS TREE’ IN MANY DIFFERENT AREAS.”

- Young Children, March 2006

What are the six early reading skills?

- Vocabulary- Knowing the names of things
- Print motivation- Being interested in and enjoying books
- Print awareness- Noticing print, how to handle a book, how to follow words on a page
- Letter knowledge- Knowing letters are different from each other, knowing their names and sounds
- Narrative Skills- Being able to describe things and events and tell stories
- Phonological awareness- Being able to hear and play with the smaller sounds in words

How Does Singing Help Teach Children these Skills?

- Our brains are uniquely wired to respond to music, from *before* the time we are born.
- Because singing is interactive, it involves even the youngest children in language.
- Children learn language through repetition, and as songs are repeated the rhythm of the words is internalized.
- Singing brings a natural awareness of words, as each syllable or sound in a word gets a different note.
- Nursery rhymes and finger plays present a wide vocabulary, and teach sentence structure, story concepts and comprehension.
- The only things we remember word-for-word from our childhoods, are childhood songs and some rhymes!
- Children learn oral language before written language, and the more experience they have with oral language, the better prepared they will be for interpreting written words.
- Active participation in music (singing) increases retention, builds memory, and actually helps grow the brain in young children!
- Because children naturally love to sing, there is no “teaching,” just doing!

How Can I Help My Child Build Early Literacy Skills though singing?

This is the fun part! You are probably already involved in activities that will lay the foundation for your child’s early literacy. So just sing and have fun!

- Sing throughout your day, as you’re in the car, playing, or working. Research shows that the more music a child experiences, the greater the benefits.
- Play “complex” music for your child to further grow the brain. Examples of complex music are classical music or singing rounds. There are some wonderful classical recordings available just for young children.
- Make up songs, or sing familiar songs like “The Wheels on the Bus” using family members’ names. And don’t forget to include the pets!
- Make up songs about the foods as you prepare them. Emphasize and exaggerate the letter sounds.
- Collect or make rhythm instruments, and use them to reinforce syllables and keep a steady beat as you sing. The same can be done with clapping.
- Use “books that sing” often as a daily part of your reading together time (suggested titles on resource page). Ask your children's librarian to help you find them in the picture book section.
- Sing traditional folk songs with your children, as they bring with them a knowledge of our culture and language. *Someday your children will likely sing them to their children!*

DEM BONES (#1)

pat thighs in rhythm and hold up a picture of a dinosaur after each verse

DEM BONES, DEM BONES, DEM DINOSAUR BONES
PUT 'EM ALTOGETHER AND THIS IS WHAT YOU GET!

PLANT A LITTLE SEED (#1)

PLANT A LITTLE SEED (one hand makes a loose fist for pot,
other hand moves down through pot in three movements in time with music)
WATCH IT GROW (hand comes back through pot in three movements with music)
SOON WE WILL HAVE A VEGETABLE (move fist over fist upward in time with the music)
* you can either have pictures of vegetables and simply show, or with older children, give a hint and have them guess.

Other versions for fruit or fruit *and* vegetables

PLANT A LITTLE SEED, WATCH IT ROOT,
SOON WE WILL HAVE A PIECE OF FRUIT

PLANT A LITTLE SEED, WATCH IT SPROUT
LET'S ALL TRY TO FIGURE IT OUT

FISHIES (#4)

Cut out 5 felt fish in different sizes and colors

THERE ARE SO MANY FISHIES IN THE DEEP BLUE SEA
WHAT COLOR FISHY DO YOU SEE?
RED, RED, THIS ONE'S RED, THIS LITTLE FISHY IS RED
(continue with other colors of fish)

THERE ARE SO MANY FISHIES IN THE DEEP BLUE SEA
WHAT COLOR IS THE BIGGEST FISHY YOU SEE?
(continue with smallest, and then others, giving each a different voice as you remove them from felt board)

BLUEBIRD THROUGH MY WINDOW (#1)

traditional

Bluebird, bluebird, through my window (repeat three times)
Oh Johnny I'm tired ("fly" blue felt bird onto felt board, and repeat with other colors)

Traditionally played as a circle game. Children hold hands in a circle, arms up. One child is chosen to be a bird who flies in and out of the "windows" created by raised arms. On last line, children drop arms, and a new child is chosen to be the bird. If you have a large group, you can have several birds at a time. Each one will choose a new bird at the end of his or her turn.

Variation 1 for preschoolers:

Cut birds from 4 colors of felt, and give one to each child, spreading out the colors. Place felt board in the middle of the circle. Sing the song once through for each color. As you sing each color, the children with that color bird stand and fly around the felt board until the last line, when they place their birds on the felt board and fly back to their seats. Repeat with other colors.

Variation 2 for infants and babies:

Cut out different colored felt birds. Sing shortened song (below) and slowly fly each bird up to the flannel board as you sing. Great for eye exercise and following an object, also colors.

Bluebird, bluebird through my window, (fly bird up to flannel board)
oh Johnny I'm tired (rest head on hands and say "Night, night")

WHEN DUCKS GET UP IN THE MORNING (#1) (SOM)

traditional– have pictures of animals

Slap thighs in rhythm as you hold up pictures of animals and sing. This is a favorite song of very young children.
WHEN DUCKS GET UP IN THE MORNING, THEY ALWAYS SAY GOOD DAY
WHEN DUCKS GET UP IN THE MORNING, THEY ALWAYS SAY GOOD DAY
QUACK, QUACK, QUACK, QUACK, THAT IS WHAT THEY SAY, THEY SAY
QUACK, QUACK, QUACK, QUACK, THAT IS WHAT THEY SAY, THEY SAY (repeat with other animals)

Note: My favorite book to use as a prop for this song is, *I Love Animals*, by Flora McDonnell available in hardcover, paperback, big book and board book format

FRUIT SONG (#1)

by Marylee Sunseri, used by permission

(sing to melody of army chant)

MAMA, MAMA, CAN I EAT THIS JUICY FRUIT IN FRONT OF ME

slap a rhythm on thighs, and hold up a picture of a fruit after each verse. two year-olds can just say the name of the fruit. Older children can clap and then count the syllables. You can also give a hint before showing the picture. Children love this song, and can sing it *many* times!

MR. TURKEY AND MISTER DUCK (#4)

start with hands behind back

MR. TURKEY WENT OUT ONE DAY (one hand is turkey, and comes out to front)
IN BRIGHT SUNSHINY WEATHER
HE MET MR. DUCK ALONG THE WAY (other hand is duck, and comes out)
THEY STOPPED TO TALK TOGETHER
GOBBLE, GOBBLE, GOBBLE, QUACK, QUACK, QUACK
GOBBLE, GOBBLE, GOBBLE, QUACK, QUACK, QUACK
AND THEN THEY BOTH WENT BACK (hands go back behind back)
QUACK!

variation: dramatic play– children can act out this very short story, being turkeys and ducks

HI HO TO SPACE WE GO (#6)

(to tune of The Farmer in the Dell)

Cut circles out of paper or cardboard and label them to represent the sun, Venus, Mercury, earth, and moon. Have one child standing the middle of the circle holding the sun. As planets and moon are added, have those children orbit around the sun. The tricky part comes at the end when the moon has to walk around the earth while the earth is walking around the sun!

The sun is our daytime star, the sun is our daytime star
Hi, ho, to space we go, the sun is our daytime star

Mercury's number one, Mercury's number one
Hi, ho, to space we go, Mercury's number one

Venus is number two, Venus is number two
Hi, ho, to space we go, Venus is number two

The earth is third around, the earth is third around
Hi, ho, to space we go, the earth is third around

The moon goes round the earth, the moon goes round the earth
Hi, ho, to space we go, the moon goes round the earth

FIVE COYOTES (SOM)

Have five coyotes cut from poster board and laminated, or just use fingers. Have children howl.

FIVE COYOTES, UP ON A HILL JUST A SITTING AND A HOWLING AT THE MOON (howl)
ONE COYOTE SAID, "I'M GETTING KIND OF HUNGRY, I'M OFF TO FIND SOME RABBIT STEW"

Repeat with 4,3,2,1

THEN FIVE LITTLE RABBITS, DOWN IN THE VALLEY JUMP INTO A HOLE IN THE GROUND wiggle five fingers and
then have them jump into pretend hole
THEY SAID "WE HEAR THE COYOTES ARE GETTING KIND OF HUNGRY place hand to ear
AND WE DON'T PLAN TO BE AROUND!" wag finger and nod "no"

TWINKLE, TWINKLE, FIREFLY (#7)

(to tune of Twinkle, Twinkle, Little Star)

Twinkle, twinkle, firefly lighting up the summer sky (hold hands in front, open and shut fingers)
Sometimes fast, sometimes slow, send a message with your glow (open and shut fast and slow)
Twinkle, twinkle, firefly, lighting up the summer sky

THE INSECT SONG (#7)

(to tune of Twelve Days of Christmas)

Cut insect parts of felt and place in gift box. As song is sung, take parts out of box and place on a felt board.
For last verse, take parts off board and place back in box as song indicates.

ON MY BIRTHDAY MY BROTHER GAVE AN INSECT TO ME
IT HAD THREE PARTS TO ITS BODY (spoken: head, thorax, abdomen)

ON MY BIRTHDAY MY BROTHER GAVE AN INSECT TO ME
IT HAD SIX HAIRY LEGS, AND THREE PARTS TO ITS BODY (spoken: head, thorax, abdomen)

ON MY BIRTHDAY MY BROTHER GAVE AN INSECT TO ME
I HAD TWO ANTENNAE, SIX HAIRY LEGS, AND THREE PARTS TO ITS BODY (spoken: head, thorax, abdomen)

ON MY BIRTHDAY MY BROTHER GAVE AN INSECT TO ME
IT HAD TWO ANTENNAE, SIX HAIRY LEGS, AND THREE PARTS TO ITS BODY (spoken: head, thorax, abdomen)

ON MY BIRTHDAY MY BROTHER GAVE AN INSECT TO ME
IT HAD TWO FINE WINGS, TWO ANTENNAE, SIX HAIRY LEGS,
AND THREE PARTS TO ITS BODY (spoken: head, thorax, abdomen)

ON MY BROTHER'S BIRTHDAY (spoken) I GAVE THE INSECT BACK TO HIM

IT HAD TWO FINE WINGS, TWO ANTENNAE, SIX HAIRY LEGS,
AND THREE PARTS TO ITS BODY (spoken: head, thorax, abdomen)

I'LL DRIVE A DUMP TRUCK (#4)

Hold up pictures of trucks and substitute names of each one, as you keep a rhythm by slapping thighs while you sing.

I'LL DRIVE A DUMP TRUCK, DUMP TRUCK, DUMP TRUCK
I'LL DRIVE A DUMP TRUCK, ALL DAY LONG

Note: My favorite book to use as a prop for this song is *Dump Trucks and Diggers*, by Robert Crowther (pop-up book)

FIVE DINOSAURS (#4)

Have 5 paper or felt dinosaurs

THERE WERE FIVE DINOSAURS LIVING IN A SWAMP
EATING VEGGIES AND LETTING OUT A ROAR roar
'TILL ONE WALKED AWAY AND GOT STUCK IN THE CLAY
AND THEN THERE WERE ONLY 4 DINOSAURS
repeat with 4,3,2,1, and "now there aren't anymore dinosaurs!"

LOTS OF CARS (#1)

Cut out five felt cars in different colors and sizes. Put on flannel board one at a time.

THERE ARE LOTS OF CARS DRIVING DOWN THE STREET (hands on steering wheel, turning back and forth)
TELL ME WHAT COLOR DO YOU SEE (place a felt car on the board)
BIG CARS, LITTLE CARS, (spread arms on “big”, bring hands close for “little”)
BEEP, BEEP, BEEP (hand taps nose 3 times)

THERE ARE LOTS OF CARS DRIVING DOWN THE STREET
WHAT COLOR IS THE BIGGEST CAR YOU SEE (repeat with smallest, longest, etc.)

DINOSAURS IN CARS (#1)

Stand up and get physical!

THERE WERE FIVE DINOSAURS RIDIN’ IN CARS (pretend to be driving)
HAVIN’ A “WHEELY” GOOD TIME
THEY SAID, “STEP ON THE GAS” (step forward with one foot)
WE’LL GO REALLY FAST! (push one hand out in front of body)
AND THEY DID UNTIL ONE HAD A FLAT TIRE
CA-CHUNK, CA-CHUNK, CA-CHUNK, CA-CHUNK (roll hands unevenly as if rolling a flat tire)
WHOOSH—— (sink down to crouch position while making air sound)
AND HE SAID, “GO ON WITHOUT ME!” (cup hands around mouth and shout upward)

REPEAT WITH 4,3,2, AND ONE DINOSAUR

LAST TIME- speak the following in a rhythmic, almost rapping way:
AND HE SAID, “I KNOW WHAT I’LL DO, I’LL CHANGE THE TIRE”
SO HE JACKED UP THE CAR (pretend to work a jack while making whoosh sound)
AND HE TOOK OFF THE FLAT (pretend to lift off heavy tire, making a grunting sound)
AND HE PUT ON THE SPARE (pretend to put on spare, making a grunting sound)
AND HE SAID, “I’LL PICK UP MY FRIENDS”

THEN THERE WERE FIVE DINOSAURS, RIDIN’ IN CARS repeat movements from 1st verse
HAVIN’ A WHEELY GOOD TIME
THEY SAID, “STEP ON THE GAS, WE’LL GO REALLY FAST”
AND THEY DID AND DOWN THE ROAD THEY WENT FLYIN’
SO LONG! (spoken with a wave)

MY AUNT CAME BACK (#1)

traditional

Teacher sings each line, and children echo. Actions are accumulative. So as each new verse is sung, the new actions is added to the others. This makes for a very silly and fun song! When singing with younger children, limit actions (verses) to three, or how ever many the children can do without becoming frustrated.

OH MY AUNT CAME (children echo)
BACK FROM OLD JAPAN (children echo)
AND SHE BROUGHT ME BACK (children echo)
A PAPER FAN (children echo) right hand open, fanning back and forth

OH MY AUNT CAME BACK (children echo)
FROM OLD ALGIERS (children echo)
AND SHE BROUGHT ME BACK (children echo)
A PAIR OF SHEARS (children echo) left hand makes scissors that open and close

OH MY AUNT CAME BACK (children echo)
FROM HOLLAND TOO (children echo)
AND SHE BROUGHT ME BACK (children echo)
A WOODEN SHOE (children echo)

OH MY AUNT CAME BACK FROM OLD CHILE

AND SHE BROUGHT ME BACK (children echo)
AN ITCHY FLEA (scratch various places while continuing to do other motions!)

OH MY AUNT CAME BACK (children echo)
FROM THE COUNTY FAIR (children echo)
AND SHE BROUGHT ME BACK (children ehco)
A ROCKING CHAIR (lean forward and back as if rocking)

OH MY AUNT CAME BACK (children echo)
FROM THE CITY ZOO (children echo)
AND SHE BROUGHT ME BACK (children echo)
A MONKEY LIKE YOU (children echo) point to children

I HAVE A CAR

HONK, HONK, (pretend to honk horn)
RATTLE, RATTLE, (wiggle body)
DON'T CRASH (hand in front of face, and nod "no")
BEEP, BEEP (pull ears twice)
Repeat all

While children are doing the above chant, leader sings the following"
I HAVE A CAR, ITS' MADE OF TIN (outline shape of a car with hands)
NOBODY KNOWS WHAT SHAPE IT'S IN (hold up fingers of one hand)
IT HAS A MIRROR AND A RUNNING BOARD (flat hand up for mirror)
IT'S A FORD AND IT HAS FOUR DOORS (hold up four fingers)

THE GREEN GRASS GREW ALL AROUND (SOM)

traditional song with hand movements

Accumulative echo song

THERE WAS A TREE (echo) (elbow of one arm rests on other hand for tree) ALL IN THE WOOD (echo)
THE PRETTIEST LITTLE TREE (echo) THAT YOU EVER DID SEE (echo)
WELL THE TREE WAS IN A HOLE (hands form large circle) AND THE HOLE WAS IN THE GROUND (flat hands move back in forth in front of body)
AND THE GREEN GRASS GREW ALL AROUND, ALL AROUND, THE GREEN GRASS GREW ALL AROUND
wiggle fingers of hands around in a circle in front of body

Add the following:

1. NOW ON THAT TREE (echo) THERE WAS A NEST (echo) hands form nest
2. NOW IN THAT NEST (echo) THERE WAS AN EGG make fist for egg
3. NOW ON THAT EGG (echo) THERE WAS A BIRD flap arms for wings
4. NOW ON THAT BIRD (echo) THERE WAS A FEATHER wiggle one finger
5. NOW ON THAT FEATHER (echo) THERE WAS A BUG pretend to hold tiny bug between fingers

COWS ARE COOL (# 1)

have pictures of a Holstein, Jersey, Guernsey, and Black Angus cows

Chorus:

COWS ARE COOL, COWS ARE NEAT, COWS HAVE TAILS AND HOOVES ON THEIR FEET
COWS HANG AROUND CHEWING THEIR CUD, STANDING IN THE PASTURE, OR STANDING IN THE MUD

OH THE HOLSTEIN IN BLACK AND WHITE, SHE'S A VERY POPULAR COW
SHE MAKES MORE MILK THAN ANY OTHER, WOULDN'T YOU LIKE A GLASS NOW

ANOTHER DAIRY COW IS THE JERSEY, AND LIGHT BROWN IS SHE
HER MILK IS VERY RICH AND GOOD, FOR MAKING BUTTER AND CHEESE (CHORUS)

ANOTHER KIND OF DAIRY COW IS THE GUERNSEY AND SHE MAY BE
RED OR YELLOW OR BROWN AND WHITE, SHE'S PRETTY AS YOU CAN SEE
BUT THE ABERDEEN ANGUS IS AS BLACK AS THE NIGHT

MULTICULTURAL SONGS

PICHI PICHI (# 3)

(Japan)

PICHI PICHI, CHAPU, CHAPU (hands make wipers back and forth)
RAN, RAN, RAN fingers flutter down in front for rain)
(repeat)

UNDERNEATH A WEEPING WILLOW (arms form tree leaning to side)
STANDS A LITTLE CHILD
NO UMBRELLA, CHILD IS WAITING (hands form umbrella over head)
RAIN IS FALLING DOWN (fingers flutter down in front)

FALLING, FALLING, RAIN IS FALLING (hands beat thighs rapidly for rain)
ON THE LITTLE CHILD
MOTHER COMES TO BRING UMBRELLA (hands form umbrella over head)
RAIN IS FALLING DOWN (fingers flutter down in front)

RUM SUM SUM (#3)

Morocco

A RUM SUM SUM, A RUM SUM SUM (slap thighs in time)
GULI, GULI, GULI, GULI, GULI (roll hands)
RUM SUM SUM (slap thighs in time)
A RAFFI, A RAFFI (shake hands up high, and clap on last syllable- 2 TIMES)
GULI, GULI, GULI, GULI, GULI, (roll hands)
RUM SUM SUM (slap thighs in time)

1. In the little country of Morocco at the top of North Africa
You can hear the sound of the children all around, a singin' a Rum Sum Sum (chorus)
2. In Morocco you can ride on a camel, out across the desert sand
And sing a little song as you're moving right along, through this mysterious land
3. And under the shade of a palm tree, you can catch a little rest from the sun
Hear the flute and tambourine as the children start to sing a little song of a Rum Sum Sum
4. And if we go to Marrakesh, you can visit the marketplace
Where there's music in the air, and the dancers everywhere will put a smile upon your face

OBWISANA (#3)

Ghana

Use small stones and play in rhythm. Older children can pass stones in a line, or a circle as the song is sung. You can also use other items like shoes, or crumpled pieces of paper

1 2 1 2
OBWISANA SA-NA, OBWISANA SA
1 2 1 2
OBWISANA SA-NA, OBWISANA SA

* pick up rocks on #1, and place in front of person to your right on #2
Keep a slow steady rhythm as you sing, and get faster and faster!

Verses : 1.Listen to the rhythm of the rocks 2. Find me a rock that's smooth and round
 What would they say if they could talk Find me a rock down under the ground
 So many years down under the ground Find me a rock that I can pound
 Listen to the sound, listen to the sound Listen to the sound, listen to the sound

TOCAN LAS MARACAS (#3)

Make four different colored “maracas” (shakers) out of empty containers filled with beans or rice, and let children play as they learn the colors in Spanish.

SI TIENE UNA MARACA, “ROJA” (if you have a red maraca)
TOCA, TOCA, TOCA, TOCA, TOCA, TOCA, (play it)

repeat with other colors: AZUL (blue), AMARILLA (yellow), VERDE (green)

TODOS TOCAN LAS MARACAS, TODOS TOCAN LAS MARACAS
TODOS TOCAN LAS MARACAS, TODOS MARACAS AQUI
(everyone play the maracas)

MI CHACRA (# 3) Argentina

Hold up pictures of the animals, and have children make animal sounds and use hands to form donkey ears, cat paws, dog paws, and cow horns

1. VENGAN A VER MI CHACRA, QUE ES HERMOSA (REPEAT)
EL BURRITO HACE ASI (the donkey makes sound like this) HEE HAW!

CHORUS:
OH VA, CAMARAD, OH VA CAMARAD, OH VA, OH VA, OH VA,
OH VA CAMARAD, OH VA CAMARAD, OH VA, OH VA, OH VA

2. VENGAN A VER MI CHACRA, QUE ES HERMOSA (REPEAT)
EL GATO HACE ASI (the cat goes like this) MEOW!

3. VENGAN A VER MI CHACRA, QUE ES HERMOSA (REPEAT)
EL PERRITO HACE ASI (the little dog goes like this) RUFF! RUFF!

4. VENGAN A VER MI CHACRA, QUE ES HERMOSA (REPEAT)
LA VAQUITA HACE ASI (the cow goes like this) MOO!

NAVAJO NIGHT CHANT (#8)

May it be beautiful before me (arms outstretched)
May it be beautiful behind me (arms over back)
May it be beautiful below me (arms out, down low in front)
May it be beautiful all around me (arms sweep around, over head and down)

HEE NAH NEE NAH (SOM)

From Maidu tribe of Native Americans, who lived in the Sierra Nevada Mountains in California around the time of the Gold Rush. Slap thighs in rhythm, or beat a drum as one child holds a small “treasure” (could be a coin, or a shell), passing it back and forth from hand to hand. Younger children can hold the treasure behind their backs to make it easier to fool the other children.

Hee nah, nee nah, hee nah nee nah,
Hee nah, nee nah, hee nah nee nah, (children try to guess which hand the treasure is in)

Repeat as long as interest remains

CHANTS

I HAVE A CAT- A CHANT

children echo and copy movements

I HAVE A CAT cross arms in front of body
MY CAT IS FAT arms rounded in front of body
I HAVE A CAT cross arms in front of body
MY CAT WEARS A HAT hands form hat above head
I HAVE A CAT cross arms in front of body
MY CAT CAUGHT A BAT fingers make wings that flutter
I HAVE A CAT cross arms in front of body
MEOW!

Repeat with other voices, low, high, robot

I AM A COWBOY

children echo and copy movements

Each movement is described once although you will do each every time it is mentioned

I AM A COWBOY (slap rhythm on thighs) I'VE GOT MY COWBOY HAT (point to head)
(children echo)

I AM A COWBOY (slap rhythm on thighs) I'VE GOT MY HAT AND MY BANDANA (pretend to tie bandana around neck)
(children echo)

I AM A COWBOY (slap rhythm on thighs) I'VE GOT MY HAT, MY BANDANA, AND MY VEST (run hands along imaginary front edge of vest)
(children echo)

I AM A COWBOY (slap rhythm on thighs) I'VE GOT MY HAT, MY BANDANA, MY VEST , AND MY BELT (place thumbs in imaginary belt at waist)
(children echo)

I AM A COWBOY . I'VE GOT MY HAT, MY BANDANA, MY VEST, MY BELT, AND MY CHAPS (run hands down front of legs)
(children echo)

I AM A COWBOY . I'VE GOT MY HAT, MY BANDANA, MY CHAPS, MY VEST, MY BELT, MY CHAPS, AND MY SPURS (hold open hands down by ankles and shake fingers)
(children echo)

I AM A COWBOY . I'VE GOT MY HAT, MY BANDANA, MY VEST, MY BELT, MY CHAPS, MY SPURS, AND MY HORSE (step left leg to side and pretend to sit, holding reigns)
(children echo)

I AM A COWBOY . I'VE GOT MY HAT, MY BANDANA, MY VEST, MY BELT, MY CHAPS, MY SPURS, MY HORSE, AND MY LASSO (hand over head, turning lasso)
(children echo)

YIPPY-TI-I-O! (children echo)

MUSICAL GAMES

WHO HAS A PENNY? (#1)

Have enough pennies, buttons, and keys so that each child can have one item. Pass them out, and instruct children to keep items hidden until the end of the song

teacher sings: "Who has a penny?" Children with pennies answer, "I have a penny"

teacher sings : "Who has a key?" Children with keys answer "I have a key"

teacher sings: "Who has a button?" Children with buttons echo "I have a button"

teacher sings: "Now let us see" All children open their hands together.

You can have children trade items, and sing two more times, so that every child gets to have all three items. Then you can collect and count the number of keys, buttons, pennies. Talk about how many of each item there are.

WHO HAS THE RING (SOM)

Have children sit in a circle. Thread a ring on a piece of yarn, and tie ends creating a circle large enough so that children can hold on to it as they sit. One child sits in the middle and covers eyes as song is sung, and children slide ring around the yarn. At end of song, child in the middle tries to guess who has the ring.

CAN YOU GUESS WHO HAS THE RING AS WE MOVE IT ON THE STRING
MOVE IT LEFT AND MOVE IT RIGHT, ALWAYS KEEP IT OUT OF SIGHT

BLUEBIRD THROUGH MY WINDOW (#1)

Children stand in a circle holding hands, arms held high to make windows. One child is the bird and flies in and out of windows until last line of song, when children lower arms. A new bird is chosen and the song is repeated until all have had a turn.

BLUEBIRD, BLUEBIRD, THROUGH MY WINDOW, BLUEBIRD, BLUEBIRD THROUGH MY WINDOW
BLUEBIRD, BLUEBIRD, THROUGH MY WINDOW, OH JOHNNY I'M TIRED

WALK AROUND THE CIRCLE

Sung to tune of Ring Around the Rosie. Have at least 5 pictures of stick figures in different postures

WALK AROUND THE CIRCLE, ALL AROUND THE CIRCLE, WALKING, WALKING, NOW DO THIS!
(Hold up one of the pictures and have children imitate)

Repeat until all pictures are shown

HEE NAH NEE NAH (see page 7)

HOLIDAY SONGS

STARS SHINE BRIGHT (#1) (#5)

have five different colored stars of felt or paper, and a tree to put them on

STARS SHINE BRIGHT ON OUR CHRISTMAS TREE
TELL ME WHAT COLOR STAR YOU SEE (place one star on tree)
RED STAR SHINE, RED STAR SHINE, RED STAR SHINE (open and shut hands)
TWINKLE AND SHINE ALL THROUGH THE NIGHT
repeat with other colors

I AM A CAMEL (#1) (#5)

I AM A CAMEL, A SHIP OF THE DESERT
CARRYING PACKAGES, CARRYING KINGS
I ROCK AS I WALK BACK AND FORTH THROUGH THE DESERT
I'LL CARRY YOU IF A SONG YOU WILL SING

SEVEN FEET HIGH IN THE AIR YOU CAN RIDE
ON A HUMP ON MY BACK AS WE MOVE CROSS THE SAND
WE'LL FOLLOW THE STARS AND WE'LL KNOW WHERE WE ARE
IN THE COOL OF THE NIGHT WE WILL CROSS THIS LAND
repeat first verse

TWELVE DAYS OF CHRISTMAS

Traditional song, done with whole body movements

1. ON THE FIRST DAY OF CHRISTMAS MY TRUE LOVE GAVE TO ME A PARTRIDGE IN A PEAR TREE
stand with one hand on hip, other hand up, palm up, as if holding a tray
2. TWO TURTLE DOVES flap arms for wings
3. THREE FRENCH HENS kick on leg for cancan dance, and swish pretend skirt back and forth in front
4. FOUR CALLING BIRDS one hand to ear as if holding a phone, while other hand dials
5. FIVE GOLD RINGS hands form large circle in front of body as you step to the right
6. SIX GEESE A LAYING squat down, hold arms like wings
7. SEVEN SWANS A SWIMMING stand and push arms away as if swimming
8. EIGHT MAIDS A MILKING pretend to milk a cow
9. NINE LADIES DANCING place pointer finger of one hand on head, other hand on hip, turn around on toes
10. LORDS A LEAPING take one leap in place
11. PIPERS PIPING pretend to play a flute
12. TWELVE DRUMMERS DRUMMING pretend to drum

KWANZAA (#5)

Make African tambourines and play while singing . Or keep a steady beat with hands alternately on thighs and clapping

SEVEN DAYS OF KWANZAA, SEVEN DAYS TO CELEBRATE
SEVEN WAYS OF KWANZAA, SEVEN REASONS TO CELEBRATE
CELEBRATE YOUR HISTORY, CELEBRATE YOUR FAMILY, HONOR CREATIVITY AND CELEBRATE WITH ME
SEVEN DAYS OF KWANZAA, SEVEN DAYS TO CELEBRATE
SEVEN WAYS OF KWANZAA, SEVEN REASONS TO CELEBRATE
KWANZAA, KWANZAA, KWANZAA

HOMEMADE INSTRUMENTS

PLASTIC EGG SHAKERS

MATERIALS :

- plastic Easter eggs
- filling - rice and barley are recommended, but you can also fill different eggs with different things and have children compare sounds
- hot glue gun, and hot glue

INSTRUCTIONS:

Put a couple of tablespoons (you can experiment with sound before sealing) of rice or other filling in bottom half of egg. Run a bead of hot glue along the inside edge of the TOP of the egg. Carefully place top on and check to be sure it's on straight and tight.

comments: The larger size egg is fun, but if you use eggs the size of real eggs, you can store them in egg cartons painted to match the egg colors, and children can sort them when putting them away.

QUILTING HOOP DRUM

MATERIALS :

- 14" quilting hoop (available at craft and fabric stores)
- white glue
- heat-shrink dacron fabric (sold at airplane supply stores- you can order from Aircraft Spruce & Specialty Co. ph. 1-800-824-1930. Specify item # 09-00500. One yard of fabric will be enough for 8 14" drums, and is under \$4 a yard).
- clear polyurethane and brush to apply it
- acrylic paint or permanent markers for making design on drum
- wooden dowel
- wooden ball with pre-drilled hole the same size diameter as the dowel

INSTRUCTIONS:

Cut a 17" square of dacron. Spread a bead of glue on opposing faces of the two hoops. Place the inner hoop on a flat surface and overlay the fabric square so that the sides overhang evenly. Loosen the nut on the outer hoop so you can spread it enough to fit it over the inner hoop. Tighten the wing nut as you adjust the fabric, working out any wrinkle and puckers. Let glue dry. Heat-shrink the fabric by running an iron at the nylon setting repeatedly over the fabric. (each drum will tighten a little differently and have a slightly different sound). Trim the excess fabric with an exacto knife. Paint a design on the drum, if desired, and finish by sealing all surfaces with a coating of clear polyurethane.

Make the drumstick by cutting a dowel in 8" piece. Glue small wooden ball on the end.

SAND BLOCKS

MATERIALS:

- pieces of wood (1X4 cut into 4" lengths)
 - felt rectangles cut to fit blocks of wood
 - medium grit sandpaper cut same size as felt pieces
 - white or other glue
 - Polyurethane and brush to seal wood
- * optional- stickers to decorate wood blocks

Easy Sand Blocks!

Purchase swimming "noodles" at the drug store, and cut into 3" lengths, then cut in crosswise for blocks. An electric knife makes it super fast and gives a clean cut! They are brightly colored, and don't make too much noise even when clapped together!

INSTRUCTIONS: Lightly sand wood blocks, and check to be sure there are no rough edges or splinters . Glue 1 or 2 pieces of felt to one side of each block. Glue sandpaper to felt.If you are decorating the blocks with stickers, place them now. Then coat tops and sides of all blocks with 2 coats of Polyurethane. Let dry. Glue one or two pieces of felt, and then a piece of sandpaper onto the blocks, and place weight on them while they dry.

AFRICAN TAMBOURINE

MATERIALS :

- jar to set balloon in while forming paper mache
- 12" balloon
- masking or other tape
- awl or ice pick for punching holes
- hot glue and glue gun
- newspaper torn into 1" strips
- white glue and water mixture (1 part glue to 3 parts water)
- acrylic paint
- 1 3/4" wide cloth or duct tape (vinyl or electrical tape won't stick well)
- yarn or string
- cowry shells, buttons, or beads (shell necklace is less expensive than individual shells)

INSTRUCTIONS :

Blow up balloon to about 2/3 full size (this is arbitrary). Set the balloon in jar, and lightly tape it to keep it from rolling around. Dip strips of newspaper in glue and water mixture, and pull off excess by running paper through fingers. Cover top half of balloon with several layers of newspaper, and allow to dry for 2 days. When paper mache is dry, remove balloon from jar, and pop it. Using scissors, cut an even edge around the bottom so you have a bowl shape. Fold cloth or duct tape over the cut edge of the bowl using an awl or an ice pick, punch holes all around the bowl, just below the cloth tape, and a couple of inches apart. Thread yarn or string through the holes, and attach shells or buttons on the outside of the bowl, allowing them to hang loosely making a sound when the tambourine is moved back and forth.

comments: to play the tambourine, hold it in both hands, with fingers up, and twist wrists back and forth. Once you have mastered this, you can gently toss it while twisting your wrists.

JINGLE BRACELETS

MATERIALS LIST:

- elastic ponytail holders or Chinese jump rope (one jump rope will make 7 jingle bracelets)
- elasticized gold thread
- scissors
- jingle bells (available by the handful at craft and fabric stores, or on cards at variety stores)

INSTRUCTIONS:

If using Chinese jump rope, cut into seven inch lengths, and form form bracelets by tying ends in a knot. Using elasticized thread, tie 4 jingle bells on each bracelet, Space them equally around the bracelet.

PAPER MACHE FRUIT SHAKERS

MATERIALS LIST:

- vegetable spray or cooking oil
- pieces of fruit
- newspaper torn in to small pieces
- large tray to catch mess
- paste made of 3 parts water to 1 part white glue
- acrylic paints and clear finish material (water-based Polyurethane is recommended)
- paint brushes
- disposable gloves (optional, but very nice to have!)

INSTRUCTIONS: Put a thin coating of vegetable spray or oil on piece of fruit. Dip pieces of newspaper in glue or starch, removing excess by pulling paper between fingers. Completely cover fruit with several layers of newspaper. Allow to dry for a couple of days. Cut fruit in half with a serrated knife, and remove fruit and skin. Discard or compost. Put rice or other filler in paper fruit, and use small amount of masking tape to seal halves together. Repeat with several more layers of glue-dipped newspaper, and again allow to dry. You can lightly sand any rough edges before painting. Paint with appropriate fruit colors, and seal with Polyurethane.

RHYTHM INSTRUMENTS– 5 Ways to Use Them

Here are some of the ways you can use rhythm instruments everyday. Make sure your instruments are in good condition, sound good, and are well organized. Store them along with any other props you might use for the following activities. Put groups of one kind of instrument in separate containers, so they are ready to go!

1. Use with listening games to build listening skills and teach about sound.
2. Use to accompany specific songs, in specific ways to teach music skills.
3. Use as a basis for making up stories.
4. Use as sound effects when reading a book or singing a song.
5. Use with movement.

1. LISTENING GAMES TO BUILD LISTENING SKILLS AND TEACH ABOUT SOUND.

- Put several instruments in a box. Take out one at a time, and talk about it (what it's made of, how it sounds, etc.). Then put it back in the box. When you have shown all of the instruments, play one at a time, keeping it hidden, and ask the children its name, and to describe it.
- Have children close their eyes and listen to different instruments. How long can you hear a sound? Do some instruments have longer sound than others? This will require quiet and careful listening!
- Hold up pictures cut from magazines, that show different activities. Give children instruments, and ask them to respond to the pictures by playing loudly, softly, slow, or fast. Children love this, and you'll want to have at least ten pictures!
- Echo the sounds– play a rhythm pattern, and have children echo. Older children can take turns playing the initial rhythm.

2. ACCOMPANY SPECIFIC SONGS, IN SPECIFIC WAYS, TO BUILD MUSIC SKILLS

- Use fruit maracas for *Apples and Bananas* traditional song, can be found on Raffi Recording , and
- *Mango Fandango*, found on *Rhythm of the Rocks*, by MaryLee and Nancy
- Use bracelet jingle bells for Tingalayo, traditional song, can be found on Raffi recording and book
- African tambourines for KWANZAA, by Nancy Stewart, A Season for Singing, or Shell Song, by Nancy Stewart
- Juice can shakers for *Tocan Las Maracas*, on *Rhythm of the Rocks*, by Nancy Stewart-
- Old Macdonald' Band - assign individual instruments

3. USE AS A BASIS FOR MAKING UP STORIES (DIFFERENT INSTRUMENTS REPRESENT DIFFERENT CHARACTERS)

Instruments can represent characters in the story (animals, foods, vehicles, etc.), and, or sounds in the story (rain, thunder, etc.). You can get things started by playing an instrument and asking children what animal it sounds like. Once you think of a few characters, you can build a story.

4. USE AS SOUND EFFECTS WHEN READING A BOOK OR SINGING A SONG.

- Use in songs or books that are accumulative (*The Old Lady Who Swallowed a Fly*, *Fiddle-I-Fee*)
- Use in songs or books that have a repeated line, such as *Bones, Bones, Dinosaur Bones*, or *Trashy Town*.
- Act out familiar nursery rhymes, assigning a different instrument to each character (Hickory, Dickory, Dock)
- Can be used with any story that has recurring characters or actions.
- Younger children sometimes do better and enjoy holding a piece of paper with their character on it.

5. USE WITH MOVEMENT

March to the music- This simple activity is always popular with preschoolers, and shouldn't be overlooked. You can simply march around to recorded music, or relate the music to the book you are reading for storytime. For example, if you are reading a story about a train, play a train song. Many story themes can be easily reinforced with recorded music. Children also love to dance and freeze when the music stops.

Egg Shakers Songs

To tune of Mary Had a Little Lamb:

If you have a egg, yellow egg, yellow egg, if you have a yellow egg, shake your egg with me (repeat with other colors)

To tune of London Bridges:

Shake your egg along with me, now put your egg on your head (repeat with other body parts)

Variation 1.: last line, Now do this! (teacher can freeze and pose, children copy)

Variation 2. Shake your egg and follow me, follow me, follow me

Shake your and follow me, now put your egg on your head

Marching Band: Have children march with instruments, put on music, have children freeze when it stops.

Some songs to Use with sets of Instruments :

Hot Crossed Buns

Twinkle, Twinkle, Little Star

Jingle Bells

Tingalayo (SOM) (with jungle bells on wrists)

Add your own favorites here, so you don't forget them!

www.Nancymusic.com

Below is a summary of the activities available to you on my website. That means they are free to you, 24 hours a day, to use as often as you want! You can print out as many activities, make as many CD's of the songs, and use these materials in your classroom or story time as much as you want! If you don't have access to a computer, just go to your local library. What a deal!

SONGS OF THE MONTH

- Listen to a new song every month, and save it to a file of CD if you like. There are simple
- instructions for those of you who have CD writers in your computer, but don't quite know how to use them to get songs off the internet.
- Print out the sheet music, lyrics, and guitar chords.
- Print out the activity sheets, patterns, and prop patterns to go with the songs.
- Visit the related links (example: on one song, Los Animales, there is a link to a translation site where you can get instant translations to words or phrases you type in).
- Access all of the past songs of the month! This will give you 60 songs as of December 2005, and counting....

RHYTHM INSTRUMENTS

- Instructions for making kid and teacher-tested homemade instruments that actually sound good!
- List of songs and activities for use with specific rhythm instruments
- Ways to incorporate rhythm instruments into your story times.
- General tips on making and using rhythm instruments.
- Instructions for having your own Music Box Makeover Party (a fun teacher event).

ACTIVITIES

- Companion activities for Nancy's other recordings
- Printable activity sheets related to concert topics
- General information for teachers and parents

LINKS

Links to other helpful websites with lots of free ideas for your children's art and music. I have specifically tried to find websites that offer free printable materials and activities.

INTERNET HELP

My site is loaded with general website know-how which will help you when navigating other websites. Step-by-step instructions will show you how to:

- Save the songs to your computer
- Write the songs to CD's if you have a CD writer in your computer
- Print out the pages so they look good with your printer

Songs of the Month January 2001 – December 2008

Fingerplays & Misc.	Games	Instruments	Languages & Letters	Activities	Seasonal & Holidays	Movement
5 Coyotes Flower Song Scallop Song 2 Big Crows Valentine Song Nocturnal Animals Little Cat Gung Hay Far Choy Trees Wheels Thread A Needle Five Pretty Gourds Humpty Dumpty Make a Bit of Butter When Ducks get Up in the Morning Five Little Dragons Tingalayo The Gift In Our Solar System Felt Board Train Song Thinking Cap There Was a Tree Rocks in the Crust of the Earth Circle Round Easy Habits Five Little Snowmen One Little Dragonfly Little Bitty Bug Easy habits One, Two	Who Will Be My Valentine? Who Has the Ring? Hee Na Nee Na Socks Around the Circle Who Would Like to Buy My Flowers? Pass the Potato	Listen to the Drum Egg Shaking Song Make A Little Rhythm Shake Your Apples The Birthday Train	Little Cat (ASL) Los Animales Gung Hay Fat Choy Bonjour, mon ami I Love You, Mom (ASL) Apple and Ant Just Like Me (ASL) Colors of Winter (ASL) Father's Day Song (ASL) Es Un Día Hello My Friends (ASL)	Let's Go to the Market Fuzzy Slippers Nocturnal Animals Backyard Detective Rhyme Time Row Your Boat and Things That Go Apple Tasting Fun Bears Shapes Humpty Dumpty Ladybug Spots Can You Sit in a Circle Clapping in the Castle Cows are in the Castle Five Little Dragons Who Would Like to Buy My Flowers? Hey There/ What are you Thankful For Take A Walk Around The Room Singin' the Color Blues Easy Habits	Who Will Be My Valentine? Valentine Song Hee Na Nee Na Our Thanksgiving Day Ramadan Winter Dance Gung Hay fat Choy Nocturnal Animals Limbo Under the Spider's Web Two Big Crows (Big Black Crow) Celebrate Eid Colors of Winter Leprechauns and Shamrocks Pumpkin Farm Summer and Winter What are You Thankful For? Star Shine Bright A Season for Singing Mother's Day Song Father's Day Song Pass the Potato January's Here See the Baby Jesus Celebrating Holi Birthday Train I Have a Little Box I Am A Camel Five Little Snowmen	Can You Nod Your Head? Sea Life Dance Winter Dance I'm hopping like a Bunny Limbo under the Spider's Web Listen to the Drum Sticky Bubblegum Can You Sit in a Circle Fly Little Bird Dancing Rainbow Colors Clapping in the Castle Dinosaurs in Cars Fly Little Bird Elbow Room Take a Walk Around the Room January's Here Dancing Pajamas When I Hear the Music Ant is Your Pants Dinosaur Dance Floor

RESOURCES AND INFORMATION

WEBSITES

- www.Nancymusic.com free songs and activities to download, instructions for homemade instruments, links to many other useful websites.
- www.Preschoolexpress.com– The legendary Jean Warren has created a wonderful website bursting with preschool activities including songs, arts and crafts, and ideas. You’ll want to go back again and again!
- www.Enchantedlearning.com - THE best website for anything educational, from maps and drawings, to printable activities and just plain information. I encourage you to subscribe, even though you don’t have to in order to access the materials.. We want to keep these folks in business!!
- www.Nellieedge.com: Nellie Edge has free little books to download, and links to articles about music and early literacy.

CLIPART FOR PROPS

The Big Box of Art, Hemera Technologies

CARING FOR YOUR VOICE

Here are some tips for taking care of a tired, overworked, and disappearing voice!

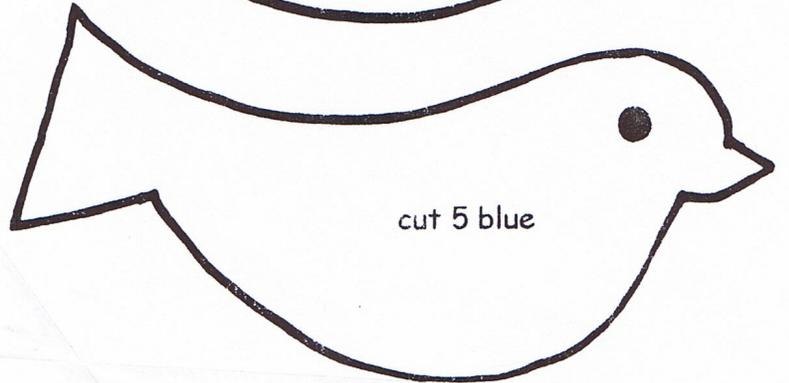
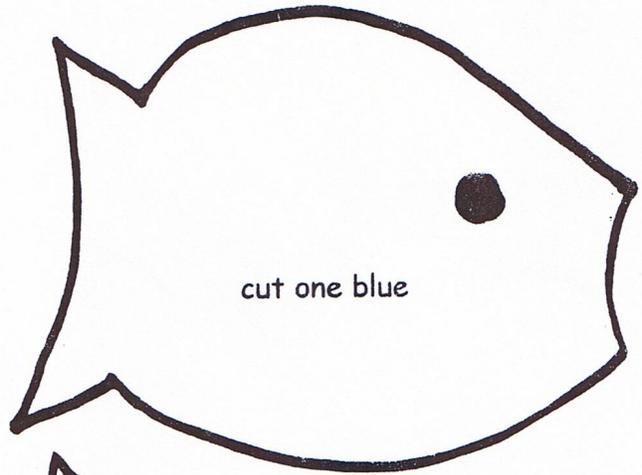
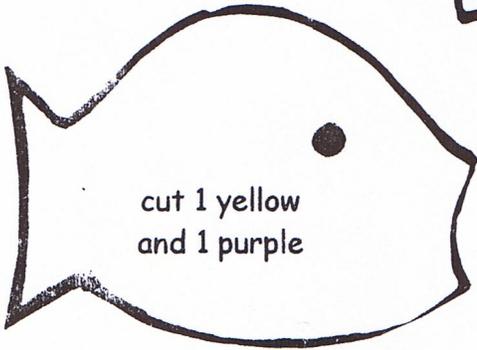
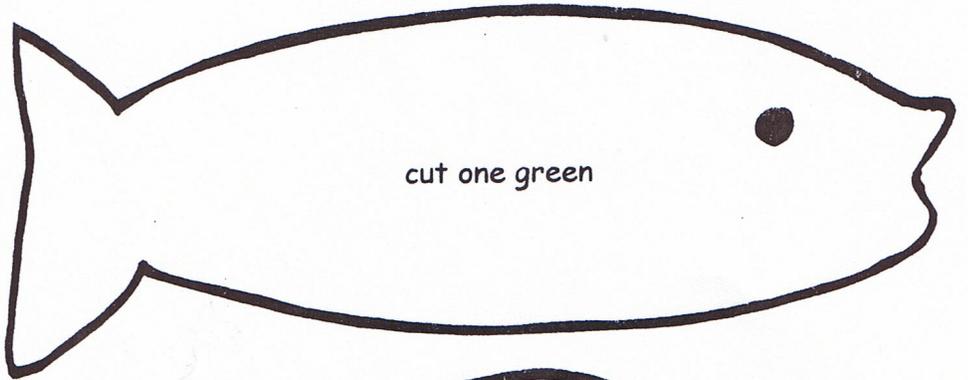
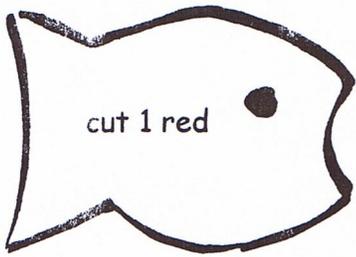
- Keep your throat lubricated as much as possible. Drink lots of water, and get in the habit of always having a water bottle nearby.
- Breathe steam!- use a humidifier or vaporizer, especially during the winter months, and especially at night. This can work miracles for both treatment and prevention of problems.
- If you do feel like you’re losing your voice, try wrapping a hot towel, or heating pad around your neck, while sipping ice water. Do this for 15-30 minutes several times a day if you can. Even once will help enormously. The idea is that the heat relaxes the muscles, while the cold reduces the inflammation on your vocal folds.
- Drink hot lemon juice or tea with honey. (Throat Coat tea is available at most drug stores, and is a nice treat!)
- Avoid clearing your throat, and whispering .Both are very hard on vocal folds.
- Gargle with warm salt water.
- If you suffer from allergies, stay on top of them. Once they grab hold, you are wide open for catching a cold, and losing your voice.

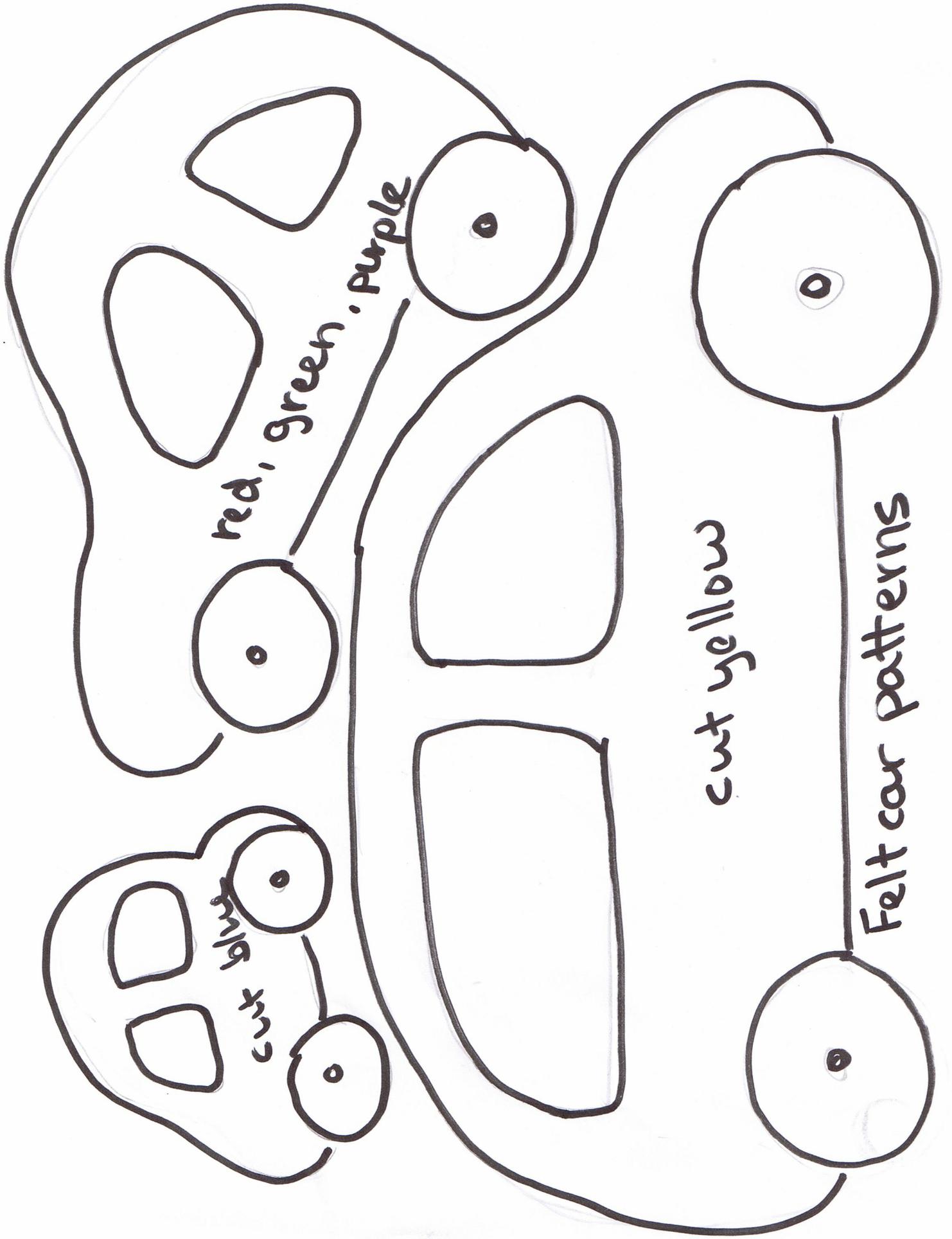
“WHAT IF I’M NOT COMFORTABLE SINGING?”

Some adults are not comfortable singing, but there are many other ways you can bring music and rhythm into the classroom.

- Use recordings with instructions, that the children can sing along with, or follow activities. There are many such recordings available.
- A lot of music training is actually listening skills. You can put items in a box, make a sound, and let children guess what the sound is.
- Go on a “sound” hunt. Take a walk and stop along the way. Have children close their eyes and listen to the sounds around. Some sounds will make a rhythm, such as hammers, bird songs, machinery. Have children try to imitate those rhythms.
- Spend some time by yourself listening to a variety of recordings by different artists. Try to find songs sung simply, without harmonies or a lot of instrumentation. It may be that there are some singers you can more easily sing with than others. Explore your own voice, and conduct your own listening exercises.
- Chant, rather than sing song lyrics. Keep a steady rhythm by slapping your thighs, and use different voices (whisper, loud, soft, sad, mad, silly).
- Have a parent come into the classroom and sing with the children, or combine with another class for a special music time, if there is another teacher who is more comfortable singing.

Patterns for Felt Shapes





red, green, purple

cut blue

cut yellow

Felt car patterns

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