

2003 Apple Tasting Fun - Activities

September is apple time, and I know teachers are always looking for new activities. We are so lucky these days to have a variety of apples year-round, and this song offers children a fun way to sample and discuss some of them.



DO AHEAD OF TIME

Purchase 5 different varieties of apples, peel off the stickers, and cut them into slices. You can save the stickers and display them for the children to see.

Have a paper towel for each child. Write the numbers from 1-5 across the bottom of each, and write the names of the five varieties above the numbers.

Then place a paper towel at each child's place, and place one slice of each apple above the numbers. Each child will try a slice of each variety as the song directs.

On the last verse, children can choose their favorites, and eat whatever remains. After the song you can discuss which apples the children liked, and why (were they sweet or tart, soft or crunchy?).

ADDITIONAL ACTIVITIES:

- ◆ Make special apple placemats (laminated for continued use) with the numbers and varieties written on them. Parents can also have children help shop for the apples. Talk about how some apples are good for pies, and some for applesauce or eating.
- ◆ Have children bring in stickers from their favorite apples at home, and start a classroom apple sticker collection.