

Salmon Song

Here in the Pacific Northwest where I live, salmon are an important part of our culture. They are anadromous, which means they are born in fresh water, move to salt water to feed, and return to fresh water to spawn.

You can do this song as a dance with scarves, creating areas of the room or outside for the ocean and the river, or use your hands to mimic fish swimming and following the rest of the lyrics.

The Salmon Song

Salmon living in the ocean know
When it's time to go home
So they swim up the river to lay their eggs
Back in the place where they were born

Salmon hatch from their eggs the gravel
Grow and travel down stream
over the rocks and down the river
to find the place where it meets the sea

(repeat first verse)

